



Aspire, Believe - Together Achieve

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FINAL NATIONAL LOCKDOWN ROUNDUP – 5th March

Dear Parents and Carers,

A warm welcome back to Term 4, I hope everyone has been enjoying the spring sunshine and seeing the daffodils and snow drops creeping through. It certainly has put a smile on my face!

World Book Day

Thank you to everyone who took part enthusiastically in the week's activities and dressing up on Thursday. Did you guess all the masked readers correctly?

Full opening of school on 8th March

Everyone should have received a letter last week via email explaining how we will safely open St Barnabas to all pupils. If you have any questions please do not hesitate to dojo or email me, it is important that all pupils and families feel comfortable and happy to return.

The Compass team at the Local Authority are holding two free online workshops around supporting children's mental health during the Covid crisis.

Ages 2-12 – Monday 8th March (7-8pm via Zoom)

Ages 13-18 – Monday 15th March (7-8pm via Zoom)

Please use the email Compass@southglos.gov.uk to gain more information and book a place.

The Local Authority have produced videos and support materials to help schools, communities, parents and families better understand what to do. This guides them through some of these changes:

- Watch a local primary head teacher guide you around their school to explain the extra measures in place and help prepare you and your child. Visit: [Covid-19: Blackhorse Primary School tour - YouTube](#)
- Hear from teachers and a parent about how they are feeling about the return to school, to reassure you if you or your child feels anxious. Visit: [Covid-19: Raysfield Primary tour - YouTube](#)
- See what taking a Covid-19 test at your secondary school or college is like. Visit: [Covid-19: Brimsham Green School tour - YouTube](#)
- Read further information about the return to school including testing: www.southglos.gov.uk/return-to-school



South Glos Educational Psychology service have produced a video on the experiences many parents and carers are having. There is some great advice within the video. I hope you will find it reassuring. As a school we have used this research to inform our approach to returning. Follow this link <https://youtu.be/g6PZu2llb0Q>

Healthy schools

At break times and lunchtimes we are going to be promoting healthy snacks and fruit this term. We noticed before and during the lockdown some large chocolate bars, bags of sweets and bags of chocolates creeping in. Also, some children supplementing their hot school dinner with crisps and chocolate. While children like these treats (and I do too!) the healthiness and energy they give is short-lived and does not sustain them through the day. Please check your child is having a healthy snack during the day that will keep them going until lunchtime.

We have regular deliveries of fruit and all of our children up to and including Y2 have a free piece of fruit daily. There is always extra if anyone is hungry. Water is always available and we would strongly discourage any kind of fizzy drinks.

We will return to monthly newsletters from April and keep you updated on Dojo as always.

Assuring you of our best at all times,

Miss Sheppard and Team St Barnabas

